

Illinois Coalition for School Health Centers

"Keeping Students Healthy and Ready to Learn"

January 2008
Email Newsletter



Volume 3, Edition 5

Illinois School Health Centers

Amundset High School
Anna Jonesboro Community High School
Aunt Martha's School-Linked Health Center
Chicago Heights and Aurora
Aurora East High School
Beethoven Elementary
Benton/West Frankfort High Schools
Blackhawk Park School-Linked Health Center
Cahokia Senior High School
The Campus
Carbondale Community High School
Carver Military Academy
Cass County School Health Center
Clemente High School
Crane Tech Prep High School
East St. Louis Senior High School
Evanston Township High School
Farragut Career Academy
Gallatin County School
Gladstone Elementary School
Harrison Primary School
Henson Elementary School
Jose de Diego Elementary School
Kankakee Jr. High School
Kankakee High School
Lakeview High School
Lindblom High School
Little Village Lawndale High School
Macopin Community Care Health Center
Maine East High School
Marion High School
Morton East High School
National Teacher's Academy
Phillips Academy
Pontiac Township High School
Proviso East High School
Roosevelt High School
Ryerson Elementary School
The School Health Link I
The School Health Link II
Senn High School
South Beloit High School
South Shore Campus
Sullivan High School
Trewyn Middle School
Uplift Community School
Urbana High School
Valeska Hinton School
Young Women's Leadership Charter School

Happy New Year!



STATE

Students' Key to Success Campaign: The Illinois Coalition for School Health Centers is holding its statewide student-led contest to raise awareness for school health centers and help to reinstate the new funding for the SHC program. Last year, we delivered 36 keys and 1,500 stories to the Governor's office. This year, we will build upon last year's success by involving even more centers! Each SHC is being asked to design three keys and collect 20 short essays that will be used to reach out to Illinois policy makers. **All keys and essays should be returned to ICSHC by Friday, January 11th.** Prizes will be awarded to SHCs and individual students. Please stay tuned for more information on how to set up a meeting with your state legislators. Contact Megan Erskine at 312-491-8161 or by email at merskine@ilmaternal.org for more information.

Youth Advisory Council: After last year's record breaking youth participation in the state campaign, awareness month, and the youth advocacy day, the ICSHC is embarking on a new youth project that will allow students a larger voice in driving the goals of the ICSHC. This year, six students from five Chicago– Area schools have been selected to be part of the Youth Advisory Council planning phase. They have been invited to take part in various ICSHC activities that includes participating in a youth panel at the annual school health center conference in Springfield. Congratulations to them and their adult allies at the school health centers!

All Kids and PCCM Updates: Illinois continues to roll out its Primary Case Management (PCCM) for state insurance recipients. Cook and Collar Counties have completed assigning clients to their medical homes, while enrollment packets have been sent to recipients living in Central and Southern Illinois as of August 13. ICSHC continues to encourage **school health centers to enroll as PCPs as they are now eligible to receive enhanced rates for EPSDT.** If you have questions or concerns about how the PCCM is affecting your center or your patients, please do not hesitate to contact Blair Harvey at 312-491-8161 or at bharvey@ilmaternal.org. More information can be found at www.illinoisceb.com.

New Online Forum for School Health Centers: There is now a new way for those involved with SHCs in Illinois to communicate with each other! The Yahoo group is an open forum for school health center providers, staff, partners and supporters to post questions, information and initiate collaborations. The ICSHC will also post upcoming events, meetings and action alerts to keep the Illinois SHC community up to date with happenings around the state. **Signing up and participating in the group is easy! To sign-up, please go to <http://www.ilmaternal.org/ICSHC.index.htm> for instructions.** Do not hesitate to contact Megan Erskine at 312-491-8161 or at merskine@ilmaternal.org for more information.

Illinois Coalition for School Health Centers

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Senator Frerichs and Dr. Mandy

STATE CONTINUED

Senator Frerichs visits Urbana School Health Center: On Friday, November 30th, Senator Frerichs visited the Urbana School Health Center. He was welcomed by clinic staff, high school administration, school board members, parents and students. The Senator spent 45 minutes touring of the clinic and heard about the various services the center offers. He was especially impressed by the school health center's dental clinic and oral health services. At the end of the tour, a group of students asked the Senator to support a supplemental budget that included new funding for school health centers and presented their *Students Key to Success* key that read, "The little things you do in life to secure ours are welcomed." Congratulations to the Urbana School Health Center!

NATIONAL

School-Based Health Center Establishment Act: The School-Based Health Clinic Establishment Act, S. 600/ H.R. 4230 would create a federal grant-based program through which new and existing school health centers could apply for funds. The House Bill HR 4230 was introduced on December 4, 2007. Thank you to Congresswoman Schakowsky from the 9th District who signed on as an original sponsor of the bill and to Congressman Emanuel who signed on as a co-sponsor. Please contact your legislators today and ask them to co-sponsor H.R. 4230. You can find your Legislator's contact information at <http://www.votesmart.org/>



SCHIP receives Second Veto: President Bush vetoed State Children's Health Insurance Program for the second time on December 12th, 2007. The House is not expected to override the veto, as they are about a dozen votes shy of the two-thirds majority required for an override. House Democrats intend to introduce a temporary SCHIP bill that would provide funding through Fiscal Year 2008, although at a reduced cost.

Presidential Candidates and Health Care: As we all know, the Presidential primaries are coming up. Please read this article in the New York Times about the candidates' views on health care reform. <http://politics.nytimes.com/election-guide/2008/issues/healthcare/index.html>

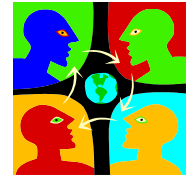
GRANTS

Changemakers -- Young Men at Risk: Changemakers, in partnership with the Robert Wood Johnson Foundation, is accepting applications for its Young Men at Risk competition to support projects that enable young men, particularly those from disadvantaged backgrounds, to become healthy, successful adults. Visit <http://www.changemakers.net/en-us/competition/men> for more information. **The deadline is January 23, 2008.**

The Community Access to Child Health Program: The Community Access to Child Health (CATCH) Implementation Funds program supports pediatricians in the initial and/or pilot stage of developing and implementing a community-based child health initiative. Grants of up to \$12,000 are awarded to pediatricians each year on a competitive basis. **The application deadline is January 31, 2008.** Please visit <http://www.aap.org/catch/implementgrants.htm> to learn more.

GE Healthcare: GE Healthcare is accepting grant applications for youth (birth to 18) for programs that support healthy lifestyles (e.g. childhood obesity or diabetes). Programs that provide non-traditional learning opportunities to underserved communities will be given priority. The grants awarded range from \$1,000 to \$50,000. **The deadline is February 1, 2008.** Please go to <http://www.healthinschools.org/News-Room/Grant-Alerts/Grants-for-Nonprofits.aspx> for more information.

Federal Research Grants for School-Based Interventions to Prevent Obesity: The National Institutes of Health (NIH) is accepting applications for its School-Based Interventions to Prevent Obesity (R01, R03, and R21) grant program. The purpose of this program is to support the formation of partnerships between academic institutions and school systems in order to develop and implement controlled, school-based intervention strategies designed to reduce the prevalence of childhood obesity. Please go to <http://grants.nih.gov/grants/guide/pa-files/PA-07-180.html> to learn more about this grant. **The deadline is February 5, 2008.**



GRANTS CONTINUED

The School Wellness Grant Program: The U.S. Potato Board and the School Nutrition Foundation have teamed up to launch the School Wellness Grant Program. Ten grants of \$2,500 each will be awarded to public elementary schools in the U.S. for equipment and/or educational programs that will help move children towards healthier diets and improve their overall wellness. Eligible applicants include school administrators, food service staff, teachers and parents. **The deadline is April 15, 2008.** Please go to <http://www.healthypotato.com/health.asp> for more information.

Do Something Good for You: Del Monte is accepting applications for its Do Something Good For You! grant program. The purpose of the program is to support young people in improving their communities through projects such as healthy eating awareness campaigns or non-competitive walking, running, or hiking clubs at school. The application deadline is rolling. Please visit <http://www.dosomething.org/node/36048> for more information.

RESOURCES and TRAININGS



Live in Your Body 4 Life: The ICSHC has 15 copies of a free DVD series that features six Southside Chicago high school students tired of the same old health lectures telling them what not to do. The students host and write their own five-part mini-series called "Live in Your Body 4 Life!"--a program for schools and community centers, students and parents, that focuses on positive aspects of health and wellness. This is a one-of-a-kind video program--**written by teens for teens**--that will help them live in a healthy body for the rest of their lives. Please check out this innovative series at <http://livein.uchicago.edu/> DVDs will be available on a first come, first serve basis. Please contact Megan at merskine@ilmaternal.org or 312-491-8161 to order a copy.

Fight Asthma Now (FAN) for Teens: The Respiratory Health Association of Metropolitan Chicago has recently been awarded a grant to deliver FAN for Teens to students in Chicago Public Schools. The FAN curriculum helps teens to better understand their asthma and how it affects their personal lives. The Respiratory Health Association will train community partners to teach the FAN curriculum and provide materials necessary to implement the program. A stipend will be available to agencies at the end of the the completed session. **The first informational meeting is on Friday, January 11th at 9am at 1440 W. Washington Blvd. Please RSVP to Lilliana De Santiago by calling 312-628-0206.**

Piecing it All together: How Children's Mental Health and Mental Illness Affect Family, School and Community: The National Alliance on Mental Illness Illinois is hosting its 5th annual conference at Southern Illinois University in Edwardsville, Illinois on March 7th and 8th. The conference features exciting keynote speakers and a variety of break-out sessions. Please contact the NAMI office at 618-798-9788 or by email at NAMI-PIAT@hotmail.com for conference information.

Get Ready, Get Set . . . Move and Crunch! The Move and Crunch Challenge is a statewide competition where elementary school principals will log the days they meet their individual recommendations for physical activity and fruit and vegetable consumption during one school week of choice in **March 2008**. In turn, they will challenge school staff, students and parents to do the same. **The top three schools will be awarded \$800 towards wellness curriculum and materials.** Challenge resources are now available for download at www.kidseatwell.org/IllinoisSchoolsCan.html.

School Wellness Campaign: Healthy Schools Campaign is pleased to announce *The Quick & Easy Guide to School Wellness*, a resource to help schools bring about meaningful changes in student wellness by identifying the many ways to promote student nutrition and fitness. Please go to <http://healthyschoolscampaign.org/campaign/wellness/> to access this free guide to improving student nutrition and fitness at your schools.

Regional Meetings

Chicago Area Meeting

Friday, February 22, 2007

8am to Noon

Location TBA

Northern Area Meeting

Tuesday, January 29, 2008

9am to Noon

Rockford

Committee Meetings

ICSHC Steering Committee

3rd Thursday every other month

2—4 pm,

January 17th, March 20th

*January 17th meeting will be 2:30-4:30

Public Educ. & Advocacy Committee

Every 2nd Thursday of the month

8:30-10:30 AM

January 10th , February 14th

Program Devo. & Eval. Committee

*Every 4th Thursday of the month

2:00-4:00PM

January 24th. February 28th

Conference Planning Committee

Every 1st Thursday of the Month

1:30—3:00 pm

January 9th* (Date Change), February 7th

*Please note time and date change

**All ICSHC committee meetings are held at IMCHC, 1256 West Chicago Avenue. Phone conference is available for all committee meeting

Coalition Tidbits

March is Awareness Month!

Help raise awareness about the importance of school health centers in Illinois by participating in Awareness Month 2008. More information and materials will be available in January. This year's goals:

1. **Schedule meetings with legislators**
2. **Present the ICSHC Power-Point Presentation**
3. **Recruit for Advocacy Day**

School Health Center Conference

This year's school health center conference, *Collaboration, Community, and Commitment* will be held on May 15th and 16th in Springfield Illinois. Registration information will be made available soon.



Mayor Daley visits Orr School Health Center:

Chicago's Mayor Daley was "Principal for a Day" at The Campus, a school on the west-side of Chicago. During his time there, he visited the school health center where he was greeted by clinic staff, a student, and ICSHC members and staff. The school health center providers did an excellent job fielding questions and explaining the role of their school health center in meeting the health care needs of the school's undeserved population.

UPCOMING EVENTS

Save the Date!

"Opening Doors for School Health"

Join the Illinois Coalition for School Health Centers (ICSHC) for a post-holiday get-together and fundraiser. Funds raised for the *Opening Doors for Student Health* event will **support this year's Youth Advocacy Day and continue to build youth leadership within school health centers**

Where: J. Patrick's, 1365 W. Erie Street, Chicago, IL 60622

When: Thursday, January 17th from 5:00 to 8:00pm

Cost: \$35/person and includes drinks and appetizers

*Please send checks made payable to **IMCHC, 1256 W. Chicago, Chicago, IL 60622**. Online payments will be available in January. *If you are unavailable to attend, please consider making a donation.*

Please contact Blair Harvey at 312-491-8161 or at bharvey@ilmaternal.org for more information.

Jehan Adamji Honored by the VNA



The Visiting Nurses Association (VNA) of Chicago awards the Super Star in Community Nursing to a deserving nurse who delivers outstanding healthcare to the underserved. Jehan Adamji, the public health nurse at Orr Adolescent School Health

Center was selected as a finalist for the award, along with only four other people. Congratulations Jehan! **Please visit www.vnafoundation.net to find out more!**

