

Illinois Coalition for School Health Centers

"Keeping Students Healthy and Ready to Learn"

March 2005
Email Newsletter



Volume 2, Edition 4

Illinois School Health Centers

Amundsen High School
Anna Jonesboro Community High School
Arai Middle School
Aunt Martha's School-Linked Health Center
Aunt Martha's School-Linked Health Center
Tomcat School Health Center
Austin Community Academy/ Path Clinic
Beethoven Elementary
Blackhawk Park School Linked HC
Bogan-DuSable High School
Bond Healthy Living Center
Cahokia Senior High School
Carver Military Academy Based HC
Clemente High School Health Center
Dunbar Vocational HS Health Center
East St. Louis Senior High School
Evanston Township High School
Farragut Career Academy
Frazier Elementary School
Gallatin County School Wellness Center
Gladstone School-Based Health Center
Harrison Primary School
Hinton Family Health Center
Huginne-Crane Adolescent Health Center
Jose de Diego Elementary School
Kankakee Jr. High School
Kankakee High School
Lakeview High School
Macopin Community Care Health Center
Maine East High School
Marion Unit #2 Wellness Center
Morton East High School
National Teacher's Academy
Orr-Rezin Academy
Phillips Academy
Pontiac Township High School
Proviso East High School
Roosevelt High School
Ryerson Elementary School
Senn High School
SOBO Health Center (South Beloit)
Sullivan High School
The School Health Link I
The School Health Link II
Trewyn Middle School
Urbana High School

March is Illinois School Health Center Awareness Month!!!

Don't forget to let us know about the activities and events you did to help spread the word about the impact that SHCs have on the health and well-being of youth and adolescents.

STATE UPDATE

• School Health Center Awareness

The Illinois Coalition for School Health Centers (ICSHC) is working to increase awareness through the media, articles in newsletters and school health center visits. This year we kicked off Awareness Month with a visit by Lieutenant Governor Pat Quinn to the Urbana SHC and are working to get Senator Richard Durbin and other members of Congress to visit one of the forty-seven SHCs during their spring recess. This year's Awareness Month toolkit is available to download at <http://www.ilmaternal.org/ICSHC.index.htm>. The toolkit is meant to give you guidance in planning and implementing Awareness Month activities. ICSHC staff are also available to assist you in planning activities.

• Illinois Passes Legislation Requiring Breakfast Programs

The state passed House Bill 765 which requires a breakfast program to be implemented in districts where at least 40 percent of students are eligible for free or reduced-price lunches. The school breakfast programs will be supported by federal funds, however, schools will have the choice to opt out of the program if it's determined that federal funds would not cover the entire program. The bill awaits the Governor's signature in order to be passed into law.



• Access to Care Expands Service Area

Access to Care is a non-profit primary health care program for low income, uninsured residents of suburban Cook County and has recently expanded its service area to include Chicago, West of Cicero Avenue and North of North Avenue. The pilot project is now open for registration to residents in the area for services beginning April 1. The program serves the people who fall in the gap between eligibility for public insurance and those who are privately insured. Those eligible for the program may include part-time employees, students, unemployed and those not offered health insurance by their employer. For more information about the Access to Care Program and for eligibility requirements please call 708-531-0680.

Job Announcements

- Amundsen High School-based Health Center in Chicago has a full-time opening for a health educator/site supervisor. Call the SHC at 773-275-1358 for more information.
- Stephanie L. Brown, MD, is looking for a position in the adolescent health field. To contact Dr. Brown please email her at sbrown8@uic.edu.

Illinois Coalition for School Health Centers

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If you would like to be removed from this mailing list, please contact Blair Harvey at 312-491-8161.

NATIONAL UPDATE

• ICSHC and NASBHC Work to Secure Federal Support for SHCs

The ICSHC is working with eleven other states and NASBHC to secure a federal earmark for School Health Centers. ICSHC staff met with over nine members of Congress while in Washington D.C. at the end of January, have worked with Congressman Danny Davis to introduce a Resolution recognizing school health centers and are currently setting up meetings with members of Congress to ask them to support the federal earmark request. Illinois is very excited to be a part of the process and to be building relationships with our members of Congress. Please stay tuned for more information in our April newsletter.

• New Dietary Guidelines Announced

The Federal Government announced their sixth edition of *Dietary Guidelines for Americans*. Taking notice of the rising rate of obesity in Americans, the new guidelines place stronger emphasis on reducing calorie consumption and increasing physical activity. The Dietary Guidelines are designed to help Americans choose diets that will meet nutrient requirements, promote health, support active lives and reduce risks of chronic disease. They will also set standards for federal nutrition programs, including school lunches and breakfasts. Each part of the recommendations offer specific guidance for special populations, including children and adolescents. The Dietary Guidelines can be found online at www.healthierus.gov/dietaryguidelines.



• NASBHC Releases Paper on SHC and Academic Outcomes

The National Assembly on School-Based Health Care (NASBHC) convened a meeting of educators, school-based health center (SBHC) providers and evaluators to explore the relationship between school-based health care and outcomes related to academic success. This white paper summarizes the meeting proceedings and recommendations and provides a stimulus for further discussion and research on the connection between SHCs and academic performance. The paper also provides guidance to those working with SHCs on strategies to document and enhance the collaboration between SHCs and educators in order to improve student success and sustain the viability of the SHC model. The paper can be found online at http://nasbhc.org/EQ/Academic_Outcomes.pdf.

• Year of the Healthy Child

The U.S. Surgeon General Richard Carmona announced that his agenda in 2005 will focus on "improving the body, mind, and spirit of the growing child" and called 2005 the *Year of the Healthy Child*.

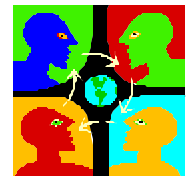
CONFERENCES AND TRAININGS UPDATE

• The Coalition for Education on Sexual Orientation is sponsoring its 2nd annual **Illinois LGBTQA Central and Downstate Youth Summit** on Saturday, March 26. The summit will be held from 10:30 am to 5:00 pm at the Renaissance Hotel, 701 East Adams, Springfield. For more information and to RSVP contact Shannon at 312-368-9070 x. 12 or CESOCOalition@aol.com.

• The **Chicago Asthma Consortium 2005 Spring Quarterly Meeting** is April 6, 9:00 am - 12:30 pm at the University Center, 525 S. State Street in Chicago. To register for the meeting visit www.chicagoasthma.org.

• The Covering Kids and Families Illinois 5th Annual Statewide Conference, **KidCare, FamilyCare and Beyond** will be held on Monday, April 11 at the Chicago Marriott Oak Brook, in Oak Brook, Illinois. For more information and to register online visit <http://ilmaternal.org/RegistrationCKFconf.htm>.

• **SAVE THE DATE!** The 79th Annual **American School Health Association Conference** will be October 19-22, 2005 in Burbank, California. For more information contact Mary Bamer Ramsier, mbramsi@ashaweb.org.



GRANTS UPDATE

• The Office of Safe and Drug-Free Schools is inviting applications for new awards for fiscal year (FY) 2005. The awards will provide assistance to educational agencies to implement a plan to create safe and drug-free schools and promote prosocial skills and healthy childhood development in youth. Due Date April 29. Visit <http://a257.g.akaamaitech.net/7/257/2422/01jan20051800/edocket.access.gpo.gov/2005/pdf/05-4741.pdf>.

• The Weyerhaeuser Family Foundation Children's Initiative provides funding for local programs that strengthen the social, physical, intellectual and emotional function of young children. Due date is April 1 for more information visit <http://www.healthinschools.org/grants/ops247.asp>

GRANTS UPDATE, CONT.

- The National Dairy Council announces funds for its 3-A-Day Nutritional Education Grant Program. The program is designed to improve overall diet, by including three servings a day of dairy products to help children adopt a healthy, active lifestyle. Application deadline is May 13, 2005. For complete information please visit <http://www.nationaldairycouncil.org/NationalDairyCouncil/Health/ThreeADay/grant.htm>.
- The Highmark Caring Foundation aims to help children and adults receive the health care coverage they need through state and federally-funded programs. The Foundation works to remove barriers between people and health services. For more information, go to <http://www.highmarkcaringfoundation.com/chooseRegion.html>.

RESOURCE UPDATE

- The Washington State Department of Health, Children with Special Health Care Needs Program and the Center for Children with Special Needs have developed a new online toolkit for health care providers, advocacy and community groups and parents and families. The *Childhood and Adolescent Depression and Anxiety Toolkit* is also in Spanish and can be found by visiting <http://www.cshc.org/resources/mentalhealthtoolkitdfm>.
- A new *Treatment Improvement Protocol (TIP 42) for mental health and substance abuse disorders* was released by the Substance Abuse and Mental Health Services Administration (SAMHSA) and provides detailed information for clinicians working with children and adolescents. Visit http://www.healthinschools.org/2005/jan31_alert.asp.
- The *Society for Adolescent Medicine* has published a position paper noting the need for extensive research to try to understand the reasons for and the long-term consequences of bullying in school please visit http://www.healthinschools.org/2005/feb8_alert.asp to view the paper.
- The National Maternal and Child Oral Health Resource has issued a fact sheet which provides information on access to oral health care, oral health issues among children and adolescents with special health care needs, and more. The fact sheets are free and can be ordered by calling 888-ASK-HRSA or emailing, ask@hrsa.

UPCOMING EVENTS

ICSHC Steering Committee
 Friday, May 20
 1:00 p.m. — 3:00 p.m.

Public Educ. & Advocacy Committee
Every 2nd Thursday of the month
 (unless noted)
 Thursday, April 14
 Thursday, May 12
 9:30 a.m. — 11:30 a.m.

Program Devo. & Eval. Committee
Every 3rd Wednesday of the month
 (unless noted)
 Wednesday, April 20
 Wednesday, May 18
 1:00 p.m. — 3:00 p.m.

Mental Health Committee
 Friday, April 1
 1:00 p.m. — 3:00 p.m.

All ICSHC committee meetings are held at IMCHC, 1256 West Chicago Avenue, Chicago unless noted otherwise. RSVP to Blair at 312-491-8161. Phone conference is available for all committee meetings.

SAVE THE DATE!

The National Assembly on School-Based Health Care (NASBHC) conference, **On the Rhoad to Quality, is June 16 -18 in Providence, Rhode Island.** Stayed tuned for more information about an Illinois Caucus at the convention! For more information visit <http://www.nasbhc.org/AMI/NFO2005.htm>

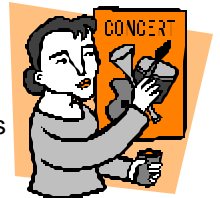


Southern Illinois University, Carbondale Chancellor Walter Wendler visited the AJ Health Center during a trip to Anna-Jonesboro Community High School in December. It was a great opportunity to educate Chancellor Wendler about SHCs and their importance to the health of youth and adolescents.

COALITION TIDBITS

3rd Annual School Health Center Conference!!

This year's conference, *Uniting Together for Healthier Youth*, will be held May 5 & 6, 2005 in Bloomington. This year's conference features:



Health Disparities in Teens by Dr. Lisa Henry-Reid and includes workshops on Productivity presented by national trainer, Linda Juszczak. Other workshops include, Disclosure and Support for Adolescents, the Illinois Campaign for Responsible Education, Administrative Cost-sharing Study, Coding Workshops, Oral Health in School-Aged Children, and the Illinois Children's Mental Health Partnership. For more information and to register please visit <http://www.ilmaternal.org/ICSHC.index.htm>

CALL FOR ABSTRACTS !! We are currently seeking abstracts for poster presentations highlighting your SHC's programs. Please contact Blair Harvey if you would like to share a specific program with other SHCs at our annual conference.